



## CAMBRIDGE HIGH SCHOOL SWIMMING SPORTS 2026 THURSDAY 26<sup>TH</sup> FEBRUARY

### Session Times:

#### Form Time: 8:45 – 9:00

Except all championship 200m freestyle swimmers (**Junior and Senior**) who need to be by the pool at 8:45am for their timed finals

- All Juniors at the pool by 9:00am, finish time 12:20pm
- Lunch will be 12:30pm – 1:15pm
- All Seniors at the pool by 12:45pm, finish time 3:10pm

### Timetable

#### JUNIORS

Morning: FORM TIME 8:45am to 9:00am  
POOL: 9:00am to 12:20pm  
Afternoon: PERIOD 4: 1:15pm to 2:15pm  
PERIOD 5: 2:15pm to 3:10pm

#### SENIORS

Morning: FORM TIME: 8:45am to 9:00am  
PERIOD 1: 9:00am to 10:00am  
PERIOD 2: 10:00am to 11:00am  
INTERVAL: 11:00am to 11:20am  
PERIOD 3: 11:20am to 12:20pm  
Afternoon: POOL: 12:45pm to 3:10pm

### Procedure on the day

#### Form Class Instructions:

- Juniors arrive at school in house colours, with togs underneath. Juniors are to bring uniform in their bag for the afternoon
- Seniors arrive at school in uniform
- Wear house colours at the pool
- All students seated in designated house areas
- The announcer will call for all swimmers to go to the marshalling area for each event where you will be placed in your division and lane

#### Notes:

- Bring plenty of food, drink, sun block, hat and house colours
- Swimming Sports is compulsory for all students



## Draft Programme

*In each event, girls will precede boys*

Event	1	<b>200m Freestyle Final</b> (Junior and Senior at start of the day)
Event	2A	50m Freestyle Qualifying
Event	2B	25m Freestyle Participation
Event	3A	50m Breaststroke Qualifying
Event	3B	25m Breaststroke Participation
Event	4	Tube Relays
Event	5A	<b>50m Backstroke Final</b>
Event	5B	25m Backstroke Participation
Event	6A	<b>50m Butterfly Final</b>
Event	6B	25m Butterfly Participation
Event	7	Bonus Points Event - Beach Ball Relay
Event	8	<b>100m Individual medley Final</b>
Event	9	Bonus Points Event – Fish (underwater Swim)
Event	10	<b>50m Freestyle Final</b>
Event	11	Bonus Points Event – Manu Competition
Event	12	<b>50m Breaststroke Final</b>
Event	13	<b>House Relay Final</b>